



Pickleball

Ages 4 - 18+

Fast-paced and social racquet sport combining elements of tennis, badminton, and table tennis





About

Pickleball is a racket or paddle sport in which two players or four players use a smooth-faced paddle to hit a perforated, hollow plastic ball over a 34-inch-high net until one side is unable to return the ball or commits a rule infraction. Pickleball is played indoors and outdoors.

Pickleball is fun, social and friendly! The rules are simple and the game is easy for beginners to learn, but can develop into a fast-paced, competitive game.

Location

Various venues across the country

For closest location, contact Allon Rock on **allon@pickleballsa.com** or Cell: 0827745347

Duration

Monday to Saturday

14H00 - 18H00 once a week

Whole year

Cost

R150 upwards (10% discount)

Paid in advance

Who can join?

Ages 4 - 18+

Programme requirements

Good sport takkies and a pickleball racket/balls

Learner responsibilities

Good manners, good sportmanship, attentiveness, and dress appropriately



Serve, Smash, Score: Join Our Pickleball Extramural Club!

Looking for a fun way to stay active and meet new people? Our Pickleball Extramural Club is the perfect match! Whether you're a seasoned pro or a curious beginner, we welcome players of all skill levels.

Watch video \rightarrow

